

**Breakfast**  
**6:30am - 11:00am**  
Build Your Own  
**Egg Sandwich**

**BREADS:**

Bagel, English Muffin

**MEATS:**

Bacon, Ham, Sausage Patty

**CHEESE:**

Havarti Dill, Mild Cheddar,  
Muenster, Pepper Jack, Pro-  
volone, Swiss, American

**GARDEN:**

Black Olives, Cucumber,  
Green Pepper, Jalapeno Pep-  
pers, Onion, Sprouts, Toma-  
to, Banana Peppers, Lettuce

**Or you can try one  
of our breakfast  
meals served daily.**

2 Eggs, 2 Bacon or  
Sausage Patty, Home Fries  
And English Muffin

2 Pancakes, 2 Bacon or  
Sausage Patty  
(Blueberries Extra)

French Toast, 2 Bacon or  
Sausage Patty

Breakfast Borrito ( Make it  
the way you like!)

We also have an assortment  
of Bagels, Cereal Bowls,  
Juices, Milk, Coffee, and  
Muffins

**ALL SIDE ORDERS  
EXTRA**

**Adelmann's Deli**

224 Main Street  
Bar Harbor

Phone# 288-0455

FAX# 288-8050

Store Hours:  
6:30 am - 3:00pm

**We Pack Lunches  
For All Outdoor  
Activities!**

**NOTHING  
FANCY  
JUST  
GOOD!!!!**

## Sandwiches

Follow The **BOLD** Categories  
To Build Your Own Sandwich

### **BREADS:**

Marble Rye, Multi-Grain,  
Pumpernickel, Sourdough,  
White, Wheat

### **BULKY ROLLS:**

Focacia, Wheat, White

### **WRAPS:**

Wheat, Tomato, Garlic and  
Herb, Spinach

### **SUB ROLLS:**

Onion, White, Wheat

### **MEATS:**

Bacon, Blazing Chicken, Black  
Forest Ham, Bologna, Cappicola  
Ham, Chicken Breast, Corned  
Beef, Ham, Liverwurst,  
Pastrami, Pepper Turkey,  
Roast Beef, Salami,  
Smoked Chicken Salad,  
Smoked Turkey, Tuna Salad,  
Turkey Breast

### **CHEESES:**

American, Havarti Dill,  
Mild Cheddar, Muenster,  
Pepper Jack, Provolone, Swiss

### **GARDEN:**

Black Olives, Cucumber,  
Green Pepper, Jalapeno Peppers,  
Onion, Sprouts, Tomato,  
Banana Peppers, Lettuce

### **CONDIMENTS:**

Horseradish Sauce, Italian Dress-  
ing, Mayo, Mustard- -Deli Style,  
Honey, or Yellow, Pepper, Oil,  
Salt, Vinegar

### **Choice Of Chips:**

Bar-B-Q  
Regular  
Salt & Vinegar  
Sour Cream & Onion

### **We Also Have:**

**LOBSTER ROLLS**  
A Large Green Salad  
Cole Slaw  
Potato Salad  
Deli Pickles

We Use Only The Freshest Of  
Ingredients; Including  
**BOAR'S HEAD®** Brand Meats  
And Cheese

### **PEPSI®** Products

- Water
- Pepsi
- Diet Pepsi
- Mountain Dew
- Diet Mtn. Dew
- Doc. Pepper
- Diet Doc. Pepper
- Serria Mist
- Slice
- Mug
- Ginger Ale
- **Lipton Teas**
- Sweet Tea
- Diet Tea
- Raspberry Tea
- Green Tea

• **COLD BEER !!!**